

# **San Antonio Black and Latinx Mental Health Providers**

## **Black Private Practice Mental Health Providers**

Tonya Smith, LPC  
Emerge Counseling and Coaching  
<https://emergecounselingandcoaching.com>

Whitni Toson, MA, LPC  
<https://www.whitnitoson.com>

Cori Callahan, MA, LPC, RBT  
San Antonio Compassionate Counseling & Behavioral Center  
<https://sacompassionatecounseling.net>

Duane Snape, LPC  
Chosen for Hope Counseling  
<https://www.chosen4hope.com>

Shenna Fisher, LCSW  
Deep Dive Individual and Family Counseling Services  
<https://deepdivecounseling.com>

Delores Mower, LPC  
<https://www.deloresmowertherapist.com/index.html>

Kimberly VanBuren, MA, LMFT, LPC-S  
Balancing Act Life Management Services  
<https://balancingactlms.com>

## **Latinx Private Practice Mental Health Providers**

Adam Avila, MS, LPC  
Radius Psychotherapy  
<https://radiuspsychsa.com>

Johanna Travieso, MA, LPC  
Whole Life Healing Holistic Therapies  
[www.johannatravieso.com](http://www.johannatravieso.com)

Katrina Flores, LPC  
The Verve Counseling and Wellness  
<https://www.thevervecounseling.com>

Erica Edmonds  
<https://allthatliesingray.com>

Jenel Ramos, PsyD  
<http://www.jenelramos.com>

Michelle Quiroga, LPC, RYT  
<https://www.michellequiroga.com>

Dani Gardea, MS, LPC-S  
<https://www.gardeapsychotherapy.com>

Esmeralda Cardenas, LPC  
Pillars of Life Counseling  
<https://www.pillarsoflifecounseling.com>

Vanessa Canales-Cruz, MA, LPC  
Lifepath Counseling  
<http://www.lifepath-counseling.com>

Lisa Arce, LPC  
Blackbird Counseling & Wellness  
<http://www.blackbirdcounselingandwellness.com/counselors>

Mirta Z. Sandoval, LPC, NCC, LCDC  
Fountain of Peace Counseling  
<https://fountainofpeacepllc.com>

Yvette Solares Longoria, LPC  
Strategy of Life Counseling  
<http://www.strategyoflifecounseling.com>

Rosemary Hernandez  
Dr. Hernandez and Associates, PLLC  
<https://www.drhernandezpllc.com>

Salina Loriaux, LPC-AT, ATR-BC, CCST-T  
<https://www.sahealingartscenter.org>

Genaro Sandoval, LCDC  
Cresina Wellness  
<https://cresinawellness.com>

## **Black, Latinx & POC Mental Health Group Practices**

Leon Springs Counseling and Life  
Coaching  
<https://www.leonspringscounseling.com/about-us>

The Purple Couch  
<https://purplecouchcounseling.org>

Usawa Wellness Services  
<https://www.myusawa.org/therapists>

Andrea Cox, LCSW-S  
Northeast Counseling Center, PLLC  
<https://neccsa.org/therapists>

Rhapsody Cnseling and Wellness Center  
<http://www.rhapsodycounseling.org/about>

Serenity Family Services  
<http://www.serenityfamilyservices.net/index.html>

A New Day Pediatric Psychology  
<https://www.anewdaysa.com/meet-the-team>

Stillwater Counseling  
<https://stillwaterccs.com>

Innova Recovery Center  
<https://www.innovarecoverycenter.com/staff>

Sistercare Counseling Services  
<https://sistercarecounseling.com>

Anew Family Counseling Center  
<https://www.anewfcc.com/anewfcc/staff>

Progressing Minds  
<https://progressingmindstx.com>

Alexandra Van, Ph.D.  
<http://www.dr-alexandra-van.com>

Mind Your Self Therapy  
<https://mindyourselfcounseling.com>

Wellspring of Life Counseling & Play  
Therapy Center  
<https://www.wellspringoflifesa.net>

Venus Springs  
<https://venussprings.org>

Stellar Counseling  
<https://www.stellarcounseling.com>

Artvango  
[www.artvango.org](http://www.artvango.org)

Alba Wellness  
<https://albawellness.net>